

## **Greetings to All,**

*As we move further into the Season of Lent, the scriptures continue to draw us into deeper reflection about trust, thirst, hope, and the ways God meets us in unexpected places.*

### *Reflection*

*On Sunday, March 8, we will hear Exodus 17:1–7 — the story of water from the rock. The people are weary, frustrated, and afraid. They question whether God is truly with them. And yet, in the wilderness, water flows. Provision comes in a place that seemed barren.*

*We will also hear Romans 5:1–11, where we are reminded that hope in God does not disappoint us. That hope is not naïve optimism. It is formed in struggle, refined in perseverance, and rooted in love poured into our hearts.*

*During our Story for the Young at Heart, we will hear about Jesus and the Woman at the Well (based on John 4:5–42). It is a story about thirst — physical and spiritual. It is also a story about a conversation that changes everything. Jesus meets someone on the margins, speaks truthfully, and offers living water.*

*Lent invites us to notice our own thirst.*

*Where are we weary?*

*Where are we questioning?*

*Where do we need living water?*

*God still provides in the wilderness. And hope still rises where love takes root.*

### *This Week at Appleby*

*Friday, March 6 at 5:30 p.m. we will gather in the Hall for our monthly Potluck, followed by Casual Worship and Fellowship. All are welcome. Bring something to share if you are able, and come as you are.*

*We look forward to worshipping together.*

*Blessings to you and your family,*

*Rev. Carolin*

## Sunday Service 10:00 a.m. – March 8 - Scripture Readings

### Scripture Readings:

**☞ Exodus 17:1-7 Water from the rock.**

**☞ Romans 5:1-11 Hope in God does not disappoint us.**

### Save These Dates!

- **Wednesday March 4- Women's study**
- **Friday March 6- Messy Church**
- **Sunday March 8- Daylight saving time begins**
- **Monday March 9- Crafting Circle**
- **Tuesday March 10- Morning Glories**
- **Tuesday March 17- St. Patrick's Day**
- **Monday March 23- Crafting Circle**
- **Sunday March 29- Palm Sunday**

### Church Announcements



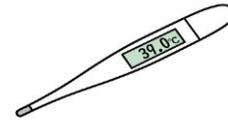
#### Wheel Chair

We have a slightly used wheelchair with tilt feature. It is adult size. It wants a good home.

Please call Jim Keenleyside (905-632-8080)



**Ah choo!**  
**I've caught a fever – a Rummage Fever!**



The main symptoms are:  
 Rapid heart rate. Twinkling in the eyes. An urge to declutter

The Rummage Fever lasts many weeks and should be over by Saturday April 18<sup>th</sup> – it's contagious and I hope that you catch it.

If you feel the same symptoms, I encourage you to go with the flow – find a bag or box – fill it up with reusable items and bring them to our Rummage Rangers who are trained in treating Rummage Fever.

Donations can be brought to church for two weeks beginning April 7 during office hours

Cure a fever by getting involved

Volunteer ~ Donate

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**For more information contact**  
**Anne Bright 905-639-9753 or Joanna Anderson 905-637-5146**



**PANCAKE SUPPER RESULTS**

The Pancake Supper Committee would like to thank all the volunteers that helped make this year's supper another success. It takes a lot of organization and a small an army to achieve this event. We couldn't have done it without you!!

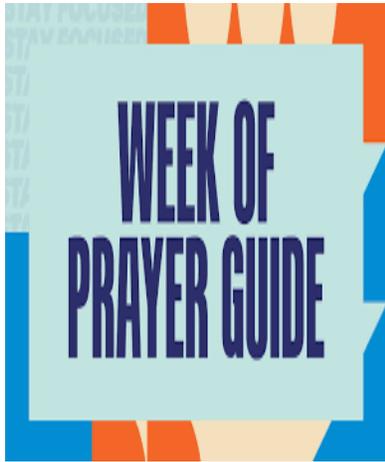
Also, thank you to all the patrons that bought tickets to support our event.

Our profit this year is **\$1035.75**.

See you next year!!

Your Pancake Committee

**Jim Keeleyside, Diane van Veen, Evelyn Robbins, Eleanor Hayden, Jackie Joly, Joanne West and Shirley Gray**



## **A GUIDED PRAYER RETREAT aka Week of Guided Prayer**

Appleby United Church and East Plains United Church will be hosting a Guided Prayer Retreat Sunday, May 3rd to Saturday, May 9th. Rev. Carolin MacMillan and Rev. Jan McCormick will co-coordinate the retreat.

A Guided Prayer Retreat is a retreat in the midst of everyday life. There is an Opening Service on the Sunday afternoon at Appleby where retreatants will be introduced to the theme of HOPE and meet their companion for the week. Then with guiding materials, retreatants will spend 30 minutes at home reading the scripture and meditating/praying in Lectio Divina style, followed by 30 minutes at the church (at a time of your convenience) with their companion discussing their experience. The next days are the same, following each day's materials.

On the Saturday morning there will be a Wrap-up Service at East Plains United Church.

A Labyrinth will be available in the Hall for all during the week.

Please consider going on this journey of a Guided Prayer Retreat. Poster, Pamphlet and Registration Form is available outside the sanctuary doors.





## Ways to Donate to Appleby United Church

- By Pre-Authorized Remittance (PAR) (See Doug Walters)
- By Envelope on the Offering Plate
- By Envelope delivered to the church's Spruce Ave. mail slot
- By *Interac* e-Transfer to [applebyoffice1@gmail.com](mailto:applebyoffice1@gmail.com)
- By clicking the "DONATE" button on the Appleby website.

Thank You!



## Reminders

**Coffee at 10** continues every Monday morning. Join us for coffee and fellowship in the parlour.

**Men's Group** every Tuesday from 9 to 10 am in the Parlour.

**Watch our Sunday Services online** via our [YouTube channel](#).

**FundScrip** Find out how to sign up by visiting our website or see Keith Pepper. Up to 10% of your everyday purchases at participating local retailers such as Fortinos, No Frills, and Food Basics will be automatically donated back to Appleby.

### **CRA free tax clinics**

Burlington Central Library -2331 New St  
While-you-wait - Mondays 9:30am-2pm

March 2 to April 27  
Office of Karina Gould, MP

Burlington Mall, 777 Guelph Line, first floor  
Drop-off/pick-up, Tues 10am-2pm; Thurs 1pm-4pm

March 3 to April 30

**\*\*Bring tax slips, rent & medical receipts.  
Income limits 40k single, 55k couple,  
Slightly higher for families\*\***

Google “CRA free tax clinics” for more info or call:1-800-959-8281

## Prayer Requests

Please remember these members of our congregation and community in prayer or with a phone call, card or visit this week. If you would like someone added to the list, please email [applebyoffice1@gmail.com](mailto:applebyoffice1@gmail.com).

- Those struggling with physical or mental conditions
- People struggling with relationships, finances, loneliness, homelessness
- Please keep John Thrasher, Bruce Lewis, Faye Menzies, Virginia Jamieson, Barry and Lynn Bowen, Pearl Smith, Wayne Ingell, Patty Ougler, Doug Greenlaw, Vince MacMillan, Chris McKenzie, Dick Hames, Bud Wylie, Scott Doerrl in your thoughts and prayers for strength and comfort.

## Community Announcements

- **Monday March 16, 2026- Operation Christmas Child Event** at Samaritan’s purse Eastern Ontario Ministry Centre, 6300 Edwards Blvd, Mississauga ON L5T 2V7.
- **Saturday March 21, 2026-Easter Egg Extravaganza** at Knox Presbyterian Church, 461 Elizabeth St.

**Thank you for being part of our church family. Have a blessed week.**